

# The Arc of Rowan Annual Report

## March 2016~ March 2017

### The Arc of Rowan

#### Board of Directors

2016 - 2017

Mr. Jay Taylor

*President*

Mr. Norman Albrecht

*Past President*

Mrs. Janet Stirewalt

*Vice-President*

Mr. Gary C. Rhodes

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Mrs. Beth Foreman

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Mrs. Cora Greene

Mrs. Mary Jane Hartley

Ms. Bridget Henderson

Mrs. Debbie Martin

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Mrs. Suzette Pritchard

#### SELF ADVOCATES

Wanda Jones

Andrew Stirewalt

#### EX-OFFICIO MEMBERS

Ms. Vernice Gallon

Mr. Gary Yelton

#### Staff

Shela Sapp - Executive Director

Lori Ewart- Assistant Director

#### The Arc of Rowan Staff

Jane Jackman, Julie Sadler,  
April Morris, Marissa Mull  
Angelique Young, Susan Link,  
Jody Phillips, Revonda Nance,  
Ana Contreras, Shelby Pace,  
Carrie Bolen, Roxie Davis &  
Kayla Andrews

## The Arc of Rowan County

Thanks to members of the Board of Directors for their leadership and commitment to The Arc goals, to the entire membership of The Arc of Rowan for encouragement, to all the teachers, trainers, and other staff who work directly with our individuals, to the churches, community civic groups, and foundations that have provided essential funding, to the Rowan County United Way for their sustaining support, and to the hard working, dedicated staff of The Arc of Rowan County. It is an impressive, collaborative effort!

### Apartment News

The Arc of Rowan continues to work with The Arc of North Carolina Housing Development Office to maintain two properties in Rowan County. The Section 811 HUD grant provides the funding for two apartment units with 4 individual apartments in each unit. The apartments allow people with developmental disabilities to live in their own apartment.

Applications are available at The Arc of Rowan office. For more information about the apartments or if you can attend the open house call the office at

**704-637-1521**



CARF has accredited The Arc of Rowan County for its Residential Services Program.

## The Arc of Rowan 2016 ~ 2017 Programs

### *After School Program*

*Advocacy*

*Apartments*

*Challenger Ball*

*Choices Program*

*Community Guide*

*Festival of Trees*

*Fetal Alcohol Syndrome*

*Kids on the Block*

### *Respite*

*Operation Santa*

*Rowan Brain Injury Support Group*

*Shaker's Dance*

*Summer Day Program*

*Summer Camp*

*Summit Civitan*

*The Arc of Rowan Christmas Party*

*Van Transportation*

Please Visit our website:

[www.thearcofrowan.org](http://www.thearcofrowan.org)

### Mission Statement

The Arc of Rowan is committed to improving the quality of life for all individuals with intellectual and developmental disabilities while promoting inclusiveness, equity, dignity, and respect for their diversity and cultural differences.



## Strategic Planning

There are so many needs; sometimes it is hard to decide which should take priority. The Board of Directors will meet in April 2017 to review & determine the goals & objectives that would be their emphasis for the next twelve months. Plans were developed to achieve the goals.

Organizational Development...Executive Committee

Resource Development.....Gary Rhodes

Program Development.....Board of Directors

Public Awareness, Advocacy, Education will be addressed at this time also

*Please visit our website and sign up for our email blast and newsletters.*

*[www.thearcofrowan.org](http://www.thearcofrowan.org)*

*Please visit us on Facebook!*

The Arc of Rowan  
Local Award Winners  
2016 - 2017

Educator of the Year  
Marla Miller

Parent Volunteer of the Year  
Anna Walker

Community Inclusion Award  
Horizons Unlimited

Volunteer of the Year  
Beth Foreman

Self Advocate Award  
Harold Mollendo

Support Professional of the Year  
Julie Sadler

Distinguished Service Award  
The Ewart Family

Community Service Award  
Waterworks Visual Gallery

## Special Gifts

The following individuals and organizations deserve recognition for their special gifts during the past year.



Rowan County United Way

Food Lion, LLC

Bimbo Bakeries

F & M Bank

The Margaret C. Woodson Foundation

Wells Fargo

Knights of Columbus

First Baptist Church of Enochville

Godley's Garden Center

Millbridge Ruritan Club

Mount Hope Church

CHAOS - Mount Moriah Lutheran Church

Sacred Heart Catholic Church

The Summit Civitan Club

Civitan Club of Salisbury

RHA Health Services

Rowan Vocational Opportunities

The Cardinal Squares

Rowan Salisbury Schools EC Department

Rowan Salisbury Schools Transportation Department

Olympic Crown Storage

Franklin Baptist Church

Calvary Baptist Church

Mr. Steve Jarrett

Festival of Trees Sponsors

Festival of Trees Decorators

Livingstone College

**The Arc of Rowan receives  
State Awards at  
The Arc NC Convention 2016  
The Distinguished Affiliate Award**

**The Arc of Rowan received the  
2016 Distinguish Affiliate Award  
From the Rowan County United Way**

# Services Provided by The Arc of Rowan

## The Choices & Community Guide

We contract with The Arc of NC to provide this family service. We continue to be excited about the opportunities for families to have more choices than ever before for obtaining the services they need. The Arc of Rowan has been able to assist over 375 families between the two programs.

## Summit Civitan & Joy Civitan Clubs

Club members with developmental disabilities are members of the Summit Civitan & Joy Civitan Clubs. The message of abilities is given with each service project.

## Operation Santa

Many friends, area merchants were instrumental in making Christmas a happy one. Thanks to Dee Elliott for volunteering her time to shop this year. Gifts were provided for residents at our state institutions (Riddle Center and O'Berry Center) and for approximately 256 local adults and children.



## Summer Camp

Arranged for and transported 10 adults to the United Church of Christ Assembly Grounds in Blowing Rock for a special summer camp experience for individuals with developmental disabilities.

## Summer Day Program

The Summer Day Program operates two locations in Rowan County. Provided training and recreation for 100 children for seven weeks between June - August. Rowan Salisbury Schools (South Rowan High School and North Rowan High School), school bus transportation and daily food service. The Arc provided the training and supervision of 45 paid employees.

## Resource Library

The Arc of Rowan collection of educational materials has continued to grow. Located at the Catawba College Library, where anyone can check them out. Books about the IEP process, Autism, Down's Syndrome, FAS Syndrome and much more are included in the collection.

## Apartment Program

The Arc of Rowan Apartment program provides independent living with affordable housing to people with developmental disabilities

## Transportation

The Arc of Rowan is able to provide transportation services to the following: Special Olympic out of town meets, the SOAR Class at RCCC, The Summer Day Program, and weekly to Friday Recreation Program.

## Recreation

Assisted in coordinating monthly Shaker's Dances with Park & Recreation Special Population Program. Recruited & advised community sponsors & volunteers. Assisted with Franklin Baptist Church Bass Masters Annual Fishing Tournament. Sponsored Christmas Party for The Arc Rowan families.

# Working with Others

To achieve goals, The Arc of Rowan works daily with other service providers and agencies. Many thanks to the following groups with whom we have worked cooperatively to identify needs, coordinate, and strengthen services.

- The Arc of North Carolina
- Easter Seals UCP
- Rowan County United Way
- Catawba College
- NC GAL Program
- Local Interagency Coordination Committee (LICC)
- Cardinal Innovations Healthcare Solutions
- Rowan Department of Social Services
- Cabarrus Group Homes
- Rowan County Senior Services
- Smart Start Rowan
- Rowan - Salisbury Schools
- Rowan County Parks & Recreation
- Rowan Vocational Opportunities
- Rowan Helping Ministries
- Adolescent Family Enrichment Council
- Rowan County Community Advisory Council
- Innovative Approaches Steering Committee- Cabarrus Health Alliance
- Rowan Branch Collaborative of the Community Resource Connection
- RHA Health Services
- Surrogate Parent Program of RSSS
- Spencer Ripken Buddy Ball
- Trinity Living Center Advisory Council
- Innovative Approaches

# Public Awareness, Education, & Advocacy

## Fetal Alcohol Syndrome Program (FAS)

Begun with an initiatives grant from the United Way of Rowan County, this new visual presentation will teach young people about the dangers of taking drugs (including alcohol) during pregnancy. It is being presented primarily to middle and high school students, but has also been presented to community groups. In 2016, this program was presented to 1,123 individuals. Call The Arc office to schedule a program.

## Kids on the Block

The Arc of Rowan is still seeking volunteers to head up this group.

## Educational Seminars

Periodic seminars held at The Arc of Rowan Office included: Guardianship, Transition for High School, Residential Options for Adults with Special Needs.

## Surrogate Parent Program

Jane, Shela, Dee and volunteers have continued as Surrogate parent representatives for 35 exceptional children in meetings with Rowan - Salisbury Schools.

## Festival of Trees

It is so hard to believe that thirteen years ago, Glenn Dixon brought this wonderful idea to The Arc. We celebrated our Thirteenth Anniversary this past December. What a tremendous achievement. This has turned into a "Must See Event". Not only a wonderful fundraiser it also provides great public awareness about The Arc of Rowan and our mission. Tree sponsors, tree decorators and many, many volunteers transformed the F&M Trolley Barn into a magical winter wonderland. The net proceeds of approximately \$17,500 were used to supplement our program budget. We are very pleased to report that 1,625 people visited the Trolley Barn this past December.

A big thank you to Jay Taylor for chairing the event this past December and to all the committee chairs who stepped in to make this such a success.

Mark your Calendars for  
The Arc of Rowan Festival of Trees  
December 1 - 3, 2017  
F&M Trolley Barn

## Cardinal Innovations Healthcare Solutions

Cardinal Innovations is dedicated to providing the best opportunities for people with developmental disabilities in Rowan County. Your input is important! Log on to [www.cardinalinnovations.org](http://www.cardinalinnovations.org) and check out the information and make your remarks. They REALLY want to hear from you!

To request a service or obtain information call the Cardinal Innovations Access number at 1-800-939-5911

Have a concern? Call 1-888-213-9687

## Cal Ripken Buddy Ball League

The 2017 baseball season is getting under way. The Arc of Rowan will partner with Spencer Cal Ripken with this project. We are very excited about the new adventure and season.

## Rowan Brain Injury Support Group

People with Traumatic and other acquired brain injury – this group meets the fourth Thursday of each month at 7:00 pm. The meetings are at The Arc of Rowan office – call The Arc of Rowan for details

## Individuals with Special Needs

The Arc assisted families in obtaining services—helping to fill out paper work, going with them to file applications, making home visits, helping them find housing and even going to court! In other words..... ADVOCACY!

## Sign up for The Arc of North Carolina's E-Alert Network

The Arc of NC has an ambitious agenda designed to increase the availability of services for those on the waiting list and avoid dangerous budget cuts. Your participation in The Arc's E-Alert system is crucial to the success. When you sign up you will receive updates and Action Alerts throughout the legislative session. Ask others to sign up and participate...the more voices heard the better! It is easy, quick and even fun but most of all it is *important!*

Sign up by going to  
[www.arcnc.org](http://www.arcnc.org)  
click on the "Action Alert" tab